I CAN VOLUNTEER!

Detailed Descriptions of Youth & Teen Volunteer Opportunities in Orange County

You can make a difference in your community!

- Volunteer Center Orange County - 1901 East Fourth Street, Suite 100, Santa Ana, CA 92705-
- Phone: (714) 953-5757 - Fax: (714) 834-0585 - www.volunteercenter.org -
How Do I Use This Guide?

**Step One**
Think about how you would like to volunteer. Consider your interests and how you like to spend your time, and then decide where you would like to help. For example, maybe you play the piano and would like to perform at a Senior Center.

**Step Two**
Look through this guide and find the volunteer jobs that match your interests, needs, and qualifications. Check if you can get transportation to the agency from your home or school. Note that many agencies are on or near bus lines. Please check that you meet the organization’s minimum age requirement. Sometimes you may meet the age requirement and will still need to bring an adult.

**Step Three**
Call or email the organization. Ask to speak to the volunteer coordinator or whoever is listed. Introduce yourself and explain why you are contacting them. Volunteer coordinators are often very busy, so you may have to leave a message. If they do not get back to you in a couple of weekdays, try again. If you have to leave a message on their voice mail, speak slowly and clearly and be sure to leave your name and phone number so they can reach you.

*Here is an example of what you could say as a message:*  
- “Hi my name is (your name) and I am a student at (name of your school). I read about your organization in Volunteer Center Orange County’s “I Can Volunteer Guide to Youth Volunteer Opportunities” and am interested in finding out about volunteer opportunities at your agency. I would appreciate it if you could call me back. I can be reached at (your phone number with area code) after (time when you are home). Thank you."

**Step Four**
When you speak to the volunteer coordinator, tell him/her a bit about yourself and why you want to volunteer. Ask some of the following questions to ensure a good match.

*Here are some questions you might want to ask:*  
- What does your organization do?  
- Whom do you serve?  
- What type of work will be done as a volunteer?  
- Can you mail or e-mail me a job description or brochure?  
- Do you provide training?  
- Who will be my supervisor?  
- Where are you located? (Is it close to my home or school?)  
- When do you need help? (Does it fit your schedule?)

**Step Five**
Ask for an appointment to visit the organization. By visiting the organization, you will get a better understanding of what it would be like to work there. The volunteer coordinator may also want to interview you before you start. When you make the appointment, write down the day and time and get clear directions on how to get there. Arrive for your interview early.
Table of Contents

Volunteer Location(s): Page Number:
Countywide........................................................................................................4,5
Anaheim...............................................................................................................6
Brea.......................................................................................................................6
Costa Mesa..........................................................................................................7
Dana Point...........................................................................................................7
Fountain Valley..................................................................................................8
Fullerton.............................................................................................................8,9
Garden Grove....................................................................................................9,10
Huntington Beach...............................................................................................10
Irvine...................................................................................................................11,12
Laguna Beach.....................................................................................................12,13
Newport Beach..................................................................................................13
Orange...............................................................................................................14,15
Placentia.............................................................................................................15
San Clemente....................................................................................................15
Santa Ana..........................................................................................................16
Tustin...................................................................................................................16
Westminster/Midway City..................................................................................17
Yorba Linda ......................................................................................................17
Helpful Websites..............................................................................................17
Helpful Information
If the contact name has changed, ask for the volunteer coordinator
Information current as of May, 2008
Volunteers should contact the agencies directly, not the Volunteer Center
Orange County
For more volunteer opportunities, contact your local branch of the public library
Please use this directory for volunteer purposes only
Thank-you for your interest in volunteering!

Countywide

ADOPT-A-PARK PROGRAM
www.ocparks.com
Contact Person: Angeline Santiago Phone: (714) 973-6871
angeline.santiago@rdmd.ocgov.com
Minimum Age: None Adult Supervision required: Yes (under 18)
Groups: Yes Min/Max Size: Varies
Volunteer Opportunities include: Beach and lake clean ups, tree plantings, removal of non-native habitat, trail maintenance, gardening, painting, research projects and staffing of nature centers
Time Commitment: Time commitment varies from project to project.

AMERICAN CANCER SOCIETY
www.cancer.org
Contact Person: Shannon Fowler Phone: (949) 567-0620
shannon.fowler@cancer.org
Minimum Age: 13 Adult Supervision required: Varies
Groups: Yes Min/Max Size: No maximum size
Volunteer Opportunities include: Creating posters, campaigns, youth clubs (school health), help with Teens Kick Ash program, Relay for Life program, health fairs, work on programs, help to collect signatures
Time Commitment: None

AMERICAN RED CROSS of ORANGE COUNTY
www.oc-redcross.org
Contact Person: Jesse Burne Phone: (714) 481-5397
Minimum Age: 13 Adult Supervision Required: No
Groups: Yes Min/Max Size: Varies upon project
Volunteer Opportunities include: Volunteer at Community Blood Drives as a Registration or Canteen Volunteer. Registration Volunteers intake donors, process paperwork and provide customer service. Canteen Volunteers, provide customer service, serve refreshments and alert our medical staff if a donor needs help.
Time Commitment: Varies with each project
Additional Information: There are a wide variety of volunteer youth programs at Red Cross OC for middle and high school age youth. Most programs focus on youth educating their peers in the community. Call or email us at youth@oc-redcross.org to get more information.
Countywide (cont.)

CHILDREN’S BUREAU (corp)
www.all4kids.org
Contact Person: Wendy Brown Phone: (714) 517-1900 ext 201
Minimum age requirement: 16 Adult Supervision Required: No
Groups: Yes Min/Max Size: Varies
Opportunities Available: Clerical, group parties, events, and clean up projects.
Time Commitment: None
Additional Information: Many different sites throughout Orange County

EARTH RESOURCE FOUNDATION
www.earthresource.org
Contact Person: Stephanie Barger Phone: (949) 645-5163
info@earthresource.org
Minimum Age: None Adult Supervision Required: Under 12 only
Groups: Yes Min/Max Size: Up to 200
Volunteer Opportunities Include: Beach clean ups, water quality research projects and native plant restoration activities, mentors, administrative help.

PROJECT LINUS
www.projectlinus.org
Contact Person: Patty Krause Phone: (949) 723-4656
Minimum age: Adult Supervision Required:
Groups: None Min/Max Size: None
Volunteer Opportunities Include: Making homemade blankets for seriously ill or traumatized children, ages 0-18, Can possibly travel to you

PAINT YOUR HEART OUT
www.pyho.org
Contact Person: Debbie Schultz Phone: (714) 970-1150
debbie@pyho.org
Minimum age: 14 years Adult Supervision Required: Yes
Groups: Yes Min/Max Size: Up to 25
Volunteer Opportunities Include: Assist with adult teams in painting homes (prepping, priming, painting).
Time Commitment: Various annual events (dates vary with city), Requires 2 Saturdays (mostly consecutive)

THINK TOGETHER
www.thinktogether.org
Contact Person: Tom Linnert Phone: (714) 543-3807 Ex 8142
tlinnert@thinktogether.org
Contact Person: Erin Bucci Phone: (714) 543-3807 Ex 8108
ebucci@thinktogether.org
Minimum Age: 13 Adult Supervision Required: No
Groups: Yes Min/Max Size: Up to 50
Volunteer Opportunities Include: Working with at-risk youth in the following areas – tutoring, mentoring and assisting with homework. Youth volunteers can also become an office aide, help with public relations/marketing and much more.
Time Commitment: None
Anaheim

ANAHEIM FAMILY YMCA
www.anaheimymca.org
Contact Person: Norma Ruiz
nruiz@anaheimymca.org
Minimum Age: 14
Groups: Yes
Volunteer Opportunities Include: Help with the following programs: academic mentor, Go Getters mentor, Classroom volunteer, enrichment and special projects, Anaheim Achieves One-Time School Visits, Anaheim Achieves, Academic Mentor, Big Buddy, and Y-Be Healthy. These programs operate out of 46 Anaheim sites. They focus on helping children with homework; educational games, sports, enrichment and recreational activities; storytelling; reading and literacy programs and academic mentoring.
Time Commitment: Volunteer hours vary depending upon the program.

Brea

CARBON CANYON REGIONAL PARK
www.ocparks.com
Contact Person: Joanne Taylor
Joanne.ltaylor@rdmd.ocgov.com
Minimum Age: 12 years
Groups: Yes
Volunteer Opportunities Include: Trail maintenance, brush clearing, planting, bulletin board, work on converting office into interactive center, Native planting in Nature Area, and leading tours.
Time Commitment: None

Costa Mesa

GIRLS INC. OF ORANGE COUNTY
www.girlsinc-oc.org
Contact Person: Orleda Roa
orledar@girlsinc-oc.org
Minimum Age: High School Students
Groups: Yes
Volunteer Opportunities Include: Working with National development programs; after school programs; work with 5-18 (activities). Main facility is in Costa Mesa, but satellite facilities in many cities throughout Orange County.
Costa Mesa (cont)

SOMEONE CARES SOUP KITCHEN
shannonscsk@aol.com
Contact Person: Shannon Santos or Allie Weaver
Phone: (949) 548-8861
Minimum Age: 15 years
Groups: Yes
Adult Supervision Required: No
Min/Max Size: Up to 15
Volunteer Opportunities Include: Serve and prepare meals; organizing food supplies
Time Commitment: Volunteer opportunities are Monday-Friday 9am-5pm, Saturday and Sunday 7:30-12am

PROJECT CUDDLE
www.projectcuddle.org
Contact Person: Talea Magnusen
Phone: (714) 432-9681
projectcuddle@yahoo.com
Minimum Age: None
Groups: Yes
Adult Supervision Required: Yes under 16
Min/Max Size: No maximum group size
Volunteer Opportunities Include: Office work, passing out brochures.
Time Commitment: None

SERVING PEOPLE IN NEED (SPIN)
www.spinoc.org
Contact Person: Kim Frazier
Phone: (714) 751-1101 Ext 19
kimf@spinoc.org
Minimum Age: None
Groups: Yes
Adult Supervision Required: None
Min/Max Size: Up to 15
Volunteer Opportunities Include: Help in the office and teach "life skill" classes. Volunteer groups are needed to help with special projects including preparing meals for the homeless, food drives, hygiene drives, clothing drives and adopting families for the holidays.
Time Commitment: None

Dana Point

OCEAN INSTITUTE
www.ocean-institute.org
Contact Person: Karen Lloreda
Phone: (949) 496-2274
volunteers@ocean-institute.org
Minimum Age: 14
Accepts Groups: No
Adult Supervision Required: Under 16
Min/Max Size: None
Volunteer Opportunities Include: Sailing Tall Ships, assistance in gift shop, Maritime and Science Instructors, administrative duties
Time Commitment: None
**Fountain Valley**

**BOYS AND GIRLS CLUBS OF HUNTINGTON VALLEY**  
www.bgchv.com  
Contact Person: Tom Krusic  
Phone: (714) 531-2582  
tkrusic@bgchv.com  
Minimum Age: 15  
Adult Supervision Required: No  
Volunteer Opportunities Include: Interacting and working with children in the areas of educational assistance and public safety. Activities with kids.  
Additional Information: Volunteers must become a Boys and Girls Club member which requires a $15 fee and must purchase a volunteer shirt for $8. All volunteers meet with the program’s unit director for a 30-minute orientation.  
Time Commitment: 4 hours

**THE PATH OF HOPE FOUNDATION**  
www.thepathofhope.com  
Contact Person: Gus Guzman  
pathofhope@yahoo.com  
Minimum Age: 16  
Adult Supervision Required: Yes  
Groups: Yes  
Min/Max Size: Up to 20  
Volunteer Opportunities Include: Giving to homeless; set up & tear down; holiday dinners; wrap presents at Christmas time; entertainment (singing, skits).  
Time Commitment: None

**WORKING WARDROBES for a New Start**  
www.workingwardrobes.org  
Contact Person: MaryLou Torres  
marylout@workingwardrobes.org  
Minimum Age: 14  
Adult Supervision: Yes, up to 15  
Accepts Groups: Yes  
Min/Max Size: 15 to 20 max  
Volunteer Opportunities Include: Office duties, work at receiving, sorting and tagging donations of men, women, and teen clothing, gift bag items, and preparing the donations for distribution to clients at the retail store front or the donation center, events.  
Additional Information: School group leaders and Parents welcome to assist High School participants  
Time Commitment: None

---

**Fullerton**

**K.C. SERVICES (KOREAN COMMUNITY SERVICES)**  
www.KCServices.org  
Contact Person: John  
contact@kcservices.org  
Minimum Age: All ages welcome  
Adult Supervision Required: No  
Groups: No  
Volunteer Opportunities Include: Office assistance, such as creating folders, data entry, filing, web page design, data warehousing. Light housekeeping duties are also available.  
Time Commitment: Flexible hours can arrange – Monday through Friday between the hours of 9 a.m. – 7 p.m.
**Fullerton (cont.)**

**NORTH ORANGE COUNTY YMCA**
www.ymcaoc.org

**Contact Person:** Tawnya Moore  
(General Volunteer Opportunities)  
Phone: (714) 879-9622

**Contact Person:** Jill Plubell  
(Special Events Opportunities)  
Phone: (714) 879-9622 x110

**Minimum age:** 16 years  
**Adult Supervision Required:** Varies

**Groups:** Yes  
**Min/Max Size:** Up to 20

**Volunteer Opportunities Include:** Provide tours and help with office/facility duties, such as filing, photocopying, preparing mailings, washing towels, etc. Special event volunteers help with the Golf Tournament, Healthy Kids Day, Crab Feast and other seasonal events.

**Additional Information:** General volunteers are required to undergo drug screening and fingerprinting.

**Time Commitment:** None

---

**FAMILY ASSESSMENT COUNSELING AND EDUCATION SERVICES**
www.facescal.org

**Contact Person:** Antonieta Fraga  
Phone: (714) 879-9616

**Minimum age:** 15  
**Adult Supervision Required:** No

**Groups:** Yes – for specific projects  
**Min/Max Size:** up to 10

**Volunteer Opportunities Include:** Data entry, answering outreach phone calls, file, clean up.

**Time Commitment:** Depends on duty

---

**Garden Grove**

**ORANGE COUNTY FOOD BANK**
www.orangecountyfoodbank.org

**Contact Person:** Mark Lowry  
mlowry@capoc.org  
Phone: (714) 897-6670 x3601

**Minimum age:** None  
**Adult Supervision Required:** Yes, under 16

**Groups:** Yes  
**Min/Max Size:** Up to 100 members

**Volunteer Opportunities Include:** Volunteers work side-by-side packing food boxes that are distributed to the hungry in Orange County. Volunteer opportunities are available after school and on weekends. Office work also available

**Additional Information:** Volunteers should wear comfortable clothing and need to wear closed-toed shoes

**Time Commitment:** Volunteers are required to stay for the entire 3 hour shift.
Garden Grove (cont.)

ACACIA ADULT DAY SERVICES
www.acacia-services.org
Contact Person: Terry White Phone: (714) 530-1566
twhite@acacia-services.org
Minimum age: None Adult Supervision Required: Yes, under 16
Accepts Groups: Yes Min/Max Size: Up to 6-8
Volunteer Opportunities Include: Helping with activities (such as Bingo or Arts and Crafts) for frail elderly or disabled adults, people with Alzheimer’s and developmental disabilities; serving meals and snacks; talking with elderly people on a 1:1 basis and so on. Also looking for musicians to help.
Time Commitment: We do have episodic volunteers. To volunteer on a regular basis, the volunteer would have to go through the application process and complete a TB test per

COMMUNITY DAY PRESCHOOL
Contact Person: Sue Puisis Phone: (714) 539-2911
Minimum age: 16 Adult Supervision Required: No
Groups: Yes Min/Max Size: Up to 2 per classroom, no max for group projects
Volunteer Opportunities Include: play with the children, games, computer work, tutoring. Groups, paint, clean up, projects, helping in classroom, teacher’s aid
Additional Information: TB test, no gang clothes, conservative clothes
Time Commitment: None

HEMOPET/PET LIFE LINE
www.hemopet.com
Contact Person: Karen Stalk Phone: (714) 891-2022 x 22
hemopet@hotmail.com
Contact Person: Wayne Richards Phone: (714) 891-2022 x18
(Volunteer Coordinator)
Minimum age: 14 Adult Supervision Required: Signed wavier
Groups: Yes (prearranged) Min/Max Size: Varies
Volunteer Opportunities Include: take care of dogs, walk dogs, clean up kennels
Additional Information: Closed toe shoes (tennis shoes preferred), long pants

Huntington Beach

OAK VIEW COMMUNITY COLLABORATIVE
Contact Person: Martin Rodriguez Phone: (714) 842-4002 x204
martinrodriguez@all4kids.org
Minimum Age: None Adult Supervision Required: Not for teens
Groups: Yes Min/Max Size: Up to 30
Volunteer Opportunities Include: Working with children as a tutor, camp counselor, teacher’s aid, etc., assisting with clerical duties; shelving books and helping with library programs; interpreting (Spanish/English) and participating in special events.
Additional Information: Oak View is a fun place for youth volunteers because they know they are making a difference in the lives of low-income immigrant families served by the agency. Bilingual (Spanish/English) speakers are a plus, but not required for most programs. Commitment varies from one hour per week to several hours per day depending upon the program.
**HUMAN OPTIONS, INC.**
www.humanoptions.org
**Contact Person:** Gail Libby
Glibby@humanoptions.org
**Phone:** (949) 737-5242 Ext. 223
**Minimum age:** 14
**Adult Supervision Required:**
**Group:** No
**Min/Max Size:** n/a
**Volunteer Opportunities Include:** therapeutic preschool, working with kids, tutoring and playing with kids, office work and thrift school, directly with women.
**Time Commitment:** 3 hrs training (to work with kids) No time commitment after training, No training for office work. Thrift store: Monday-Saturday, 10am-5pm, Helping with kids: Monday-Thursday, 9am-12pm and 2:00pm-4:30pm, tutoring: Monday-Thursday, 4:30pm - 6:00pm

**SHADETREE PARTNERSHIP, INC.**
www.shadetreepartnership.org
**Contact Person:** Thomas Bonkowski
bonkowski@irwd.com
**Phone:** (949) 453-5392
**Minimum age:** 8 – 16
**Adult Supervision Required:** Yes under 16
**Groups:**
**Min/Max Size:**
**Volunteer Opportunities Include:** Shadetree Nursery is a 5.5-acre volunteer nursery consisting of 7,000+ trees and 2,000 shrubs/groundcover. Volunteers can water, weed, stake trees, prune/trim trees, fertilize, replant trees/seedlings, take inventory and perform general nursery functions. Closed toe shoes are required for all volunteers.
**Additional Information:** The Shadetree Nursery is located on the UCI campus (call for directions). There is a slight slope where the trees are irrigated. Special needs volunteers may find the location challenging.
**Time Commitment:** Two to five hours. Weekdays and occasional weekends available.
Available hours are between 7:30a.m. and 3:00p.m.

**FAMILIES FORWARD**
www.families-forward.org
**Contact Person:** Debbie Regele
**Phone:** (949) 553-2727 x226
**Minimum age:** 14
**Adult Supervision Required:** Varies
**Groups:** No
**Min/Max Size:**
**Volunteer Opportunities Include:** Working in our food warehouse sorting, organizing and bagging food for families Monday through Thursday mornings. Help in our storage warehouse, picking up donations and food drives. Summer is a good time to work for students. Special events depending on the time of year.
**Time Commitment:** None

**NATIONAL MULTIPLE SCLEROSIS SOCIETY**
www.mspacific.org
**Contact Person:** Linda Ingram
**Phone:** (760) 448-8416
**Minimum age:** 10 (for events)
**Adult Supervision Required:** Yes
**Groups:** Yes
**Min/Max Size:**
**Volunteer Opportunities Include:** Special Events in April and October
Irvine (cont.)

PEDIATRIC CANCER RESEARCH FOUNDATION
www.pcrf-kids.com
Contact Person: Gina Crofts Phone: (949) 859-6312
gcrofts@pcrf-kids.com
Minimum age: 10 Adult Supervision Required: Under 12
Groups: Yes Min/Max Size: Up to 10
Volunteer Opportunities Include: Mailing, packaging holiday cards, counting cards, mailing envelopes, special events.
Additional Information: Very Busy, would appreciate volunteers

ALZHEIMER'S ASSOCIATION OF ORANGE COUNTY
www.alzoc.org
Contact Person: Mallory Gompert Phone: (949) 757-3705
Minimum age: Varies Adult Supervision Required: No (if over 16)
Groups: Yes Min/Max Size: No maximum group size
Volunteer Opportunities Include: Youth Outreach Volunteers, Memory Walk Volunteers and Participants, Office Volunteers, Development Volunteers

AMERICAN HEART ASSOCIATION
www.heartsource.org
Contact Person: Cheryl Halcrow Phone: (949) 856-3555
Cheryl.halcrow@heart.org
Minimum age: 16 Adult Supervision Required: No
Groups: Yes Min/Max Size: Depends on activity
Volunteer Opportunities Include: Administrative tasks, mailings, computer work, packets, maybe cleaning for special events
Time Commitment: Flexible, call ahead, 10 hrs at most per week

THE RAISE FOUNDATION
www.theraisefoundation.org
Contact Person: Kristen Jefferson Phone: (949) 955-1578 x 13
Kristen@theraisefoundation.org
Minimum age: 13 Adult Supervision Required: Yes
Groups: Yes Min/Max Size: Depends on activity
Volunteer Opportunities Include: Fundraising events throughout the year.
Time Commitment: Flexible

Laguna Beach

BRIDGE LEARNING CENTER
Contact Info: Howard Levin Phone: (949) 494-0591
Minimum age: 16 Adult Supervision Required: No
Groups: Min/Max Size:
Volunteer Opportunities Include: Mentoring children one-on-one with the same child one hour once a week, after school on the weekdays, or time that are convenient to the mentor. We are not tutors. We work on improving self-esteem, not school grades.
Additional Information: Need drivers license
Time Commitment: Once a week for an hour, 1-3 month commitment
Laguna Beach (cont.)

SOUTH COAST MEDICAL CENTER
www.southcoastmedcenter.com
Contact Info: Helen Simpson Phone: (949) 499-7175 or (949) 499-1311
SimptoHL@ah.org
Minimum age: 14 Adult Supervision Required: No
Groups: Yes Min/Max Size:
Volunteer Opportunities Include: Clerical work at first, more hands on with experience
Additional Information: Must attend orientation, lots of opportunities.
Time Commitment: 40 hrs to be signed, 60 hrs for letter of recommendation

Newport Beach

ENVIRONMENTAL NATURE CENTER (ENC)
www.ENCenter.org
Contact Person: Lori Whalen Phone: (949) 645-8489
lori@encenter.org
Minimum age: All Adult Supervision Required: Under 12
Groups: Yes Min/Max Size:
Volunteer Opportunities Include: Grounds maintenance, gardening, office duties, craft projects, assistance with Saturday afternoon birthday parties and special events. Scouts can earn merit badges and complete Eagle & Gold projects.
Time Commitment: Schedules will vary depending upon volunteer project. There is a minimum one-hour time commitment. Student volunteer shifts can be scheduled Wednesday 1:00 until 5 p.m. and on Saturdays between 8:30 a.m. – 12:30 p.m.

JUVENILE DIABETES RESEARCH FOUNDATION
www.jdrf.org
Contact Person: Theresa Szwalek Phone: 949) 553-0363 x10
eoverland@jdrf.org
Minimum age: 15 years. Adult Supervision Required: Groups of five or more must be accompanied by an adult.
Groups: Yes Min/Max Size: Up to 10 members
Volunteer Opportunities Include: General office tasks such as envelope stuffing, packet collating, etc. and participation in special events.
Additional Information: There are always volunteer opportunities available. Please call Erika for details.
Time Commitment: Flexible schedules are available.
Orange

**YWCA OF CENTRAL ORANGE COUNTY**

[www.ywcacentraloc.com](http://www.ywcacentraloc.com)

- **Contact Person:** Judy Sollee  
  **Phone:** (714) 633-4950
- **Contact Person:** Sue Olemstead  
  **Phone:** (714) 633-4950
- **Minimum age:** 15 years  
  **Adult Supervision Required:** No
- **Groups:** Yes  
  **Min/Max Size:** Varies
- **Volunteer Opportunities Include:** Helping with transitional house for foster girls, organize clothes for women searching for new jobs
- **Time Commitment:** None

**ORANGE POLICE DEPARTMENT VOLUNTEER PROGRAM**

[www.cityoforange.org](http://www.cityoforange.org)

- **Contact Person:** Deborah Klein  
  **Phone:** (714) 744-7328
  **volunteers@orangepd.org**
- **Minimum age:** 13 years  
  **Adult Supervision Required:** Yes, at check in
- **Groups:** Yes  
  **Min/Max Size:** 6 -12 Group
- **Volunteer Opportunities Include:** Kids Print (fingerprinting) Program – this is an ongoing function that volunteers oversee throughout the year. Volunteers (individuals & groups) are placed on a call-out mailing list, they are advised of the location, date, and time for upcoming Kids Print sessions.
- **Time Commitment:** None

**ORANGE COUNTY RONALD MCDONALD HOUSE**

[www.rmhc.org](http://www.rmhc.org)

- **Contact Person:** Katie Roth  
  **Phone:** (714) 639-3600
  **krussell@ronaldhouseoc.org**
- **Minimum age:** 14  
  **Adult Supervision Required:** Yes
- **Groups:** Yes  
  **Min/Max Size:** Max of 10
- **Volunteer Opportunities Include:** (Katie will e-mail change)
  Since the agency’s mission is to provide a temporary “home away from home” for 21 families whose children are receiving medical care at local hospitals, there is a lot of laundry, baking, mopping, vacuuming and dusting. Volunteers also help with sorting donations, stocking the pantry and storerooms, changing light bulbs and vacuum cleaning bags, taking out the trash and cleaning out the refrigerator. Occasionally there are opportunities to help with clerical duties and fundraising events.
- **Time Commitment:** Individuals must commit to one 4-hour shift per month for a one year period.

**SECOND HARVEST FOOD BANK OF ORANGE COUNTY**

[www.feedoc.org](http://www.feedoc.org)

- **Contact Person:** Kris Tomsen  
  **Phone:** (949) 653-2900 x 166
  **kris@feedoc.org**
- **Minimum age:** 16 (under 16 can glean)  
  **Adult Supervision Required:** Under 16
- **Groups:** Yes  
  **Min/Max Size:** Up to 50
- **Volunteer Opportunities Include:** Food labeling and sorting for distribution to needy families.
  Harvesting programs also available.
- **Time Commitment:** Volunteers must call ahead to schedule a date and timeframe.
Orange (cont.)

REHABILITATION INSTITUTE OF SOUTHERN CALIFORNIA
www.rio-rehab.com
Contact Person: Gabby Deleon Phone: (714) 633-7400
Gabriela@riorehab.com
Minimum age: 16 Adult Supervision Required: Yes
Groups: Yes Min/Max Size: Up to 6 member
Volunteer Opportunities Include: Office work. Looking over the kids at the day care
Time Commitment: Office hours 7am-3:30 pm, Child program 7:00am-6pm.

CHILD ABUSE PREVENTION CENTER
www.brightfutures4kids.org
Contact Person: Rosie Ruppe Phone: (714) 543-4333
RRuppe@brightfutures4kids.org
Minimum age: 16 Adult Supervision Required: As Needed
Groups: Yes Min/Max Size: Up to 10 member
Volunteer Opportunities Include: Work events, clerical work, working in a warehouse
Time Commitment: None

Placentia

H.I.S. HOUSE
www.hishouseplacentia.org
Contact Person: Teri Niebuhr Phone: (714) 993-5774
tnieb@sbcglobal.net
Minimum age: 15 Adult Supervision Required: No
Groups: Yes Min/Max Size: Up to 10 members
Volunteer Opportunities Include: Child care, homework club
Additional Information: H.I.S. House is a six-month transitional shelter for families, singles
and couples. Youth from infants to 18 years of age (with their parents) are housed at the
facility.
Time Commitment: None

San Clemente

LAURA’S HOUSE
www.laurashouse.org
Contact Person: Laura Kelly Phone: (949) 361-3775
lkelly@laurashouse.org
Minimum age: 16 Adult Supervision Required: None
Groups: Yes (periodically) Min/Max Size: 5 - 7
Volunteer Opportunities Include: Helping in the thrift store, children-care center and with
special projects. Groups can assist with gardening and weeding activities and wrapping
at the holidays; some administrative work.
Additional Information: All volunteers must go through volunteer training before they can
volunteer.
Time Commitment: None
Santa Ana

**LEUKEMIA AND LYMPHOMA SOCIETY**
www.leukemia-lymphoma.org

**Contact Person:** Grace Hinojoza  
Gracehinojoza@lls.org

**Phone:** (714) 881-0610

**Minimum age:** Any Age  
**Adult Supervision Required:** Under 15

**Groups:** Yes  
**Min/Max Size:**

**Volunteer Opportunities Include:** Office work: mailings, Events: set up, run event, registration

**Time Commitment:** None

**LATINO HEALTH ACCESS**
www.latinohealthaccess.org

**Contact Person:** Marissa Colon  
mcolon@latinohealthaccess.org

**Phone:** (714) 542-7792

**Minimum age:** Any age  
**Adult Supervision Required:** No

**Groups:** Yes  
**Min/Max Size:**

**Volunteer Opportunities Include:** Childhood obesity prevention program, help with fun physical activities, work with obese children in organized sports, Monday –Friday 2:30pm-3:30pm, Children Initiative: leadership training, Monday- Friday 4:00pm-7:30pm, Help with tutoring Saturdays 12:00pm-4:00pm

**Time Commitment:** None, but be dependable

**SOUTHWEST MINORITY ECONOMIC DEVELOPMENT**
www.swcommunitycenter.org

**Contact Person:** Connie Jones  
swsmeda@aol.com

**Phone:** (714) 547-4073

**Minimum age:** 12  
**Adult Supervision Required:** Yes

**Groups:** Yes  
**Min/Max Size:** Up to 15 members

**Volunteer Opportunities Include:** Help serve meals, pack groceries

**Time Commitment:** None

Tustin

**CALIFORNIA THORACIC SOCIETY**
www.thoracic.org/ca.html

**Contact Person:** Colleen Richardson  
csllung@aol.com

**Phone:** (714) 730-1944

**Minimum age:** 14  
**Adult Supervision Required:** No

**Groups:** Yes  
**Min/Max Size:** Up to 4 with notice

**Volunteer Opportunities Include:** general office work, computer work (graphic design work needed).

**Time Commitment:** Flexible
Westminster/Midway City

**SHELTER FOR THE HOMELESS**
www.shelterforthehomeless.org  
**Contact Person:** Judy Kampmann  
jkampmann@afhusa.org  
**Phone:** (714) 897-3221  
**Minimum age:** 15  
**Groups:** Yes  
**Adult Supervision Required:**  
**Volunteer Opportunities Include:** Children activities play with kids, events, office help, sort food  
**Time commitment:** None

**Yorba Linda**

**YORBA LINDA SENIOR CENTER**
www.yorba-linda.org  
**Contact Person:** Pam Leiendecker  
pleiendecker@yorba-linda.org  
**Phone:** (714) 961-7190  
**Minimum age:** 13  
**Groups:** No  
**Adult Supervision Required:** Only under 14  
**Min/Max Size:** N/A  
**Volunteer Opportunities Include:** Serving lunch to Seniors, wrapping napkins and setting tables  
**Time commitment:** None

**Helpful Websites**

www.volunteercenter.org  
www.idealist.org  
www.kids-who-care.org  
www.servenet.org  
www.volunteermatch.org